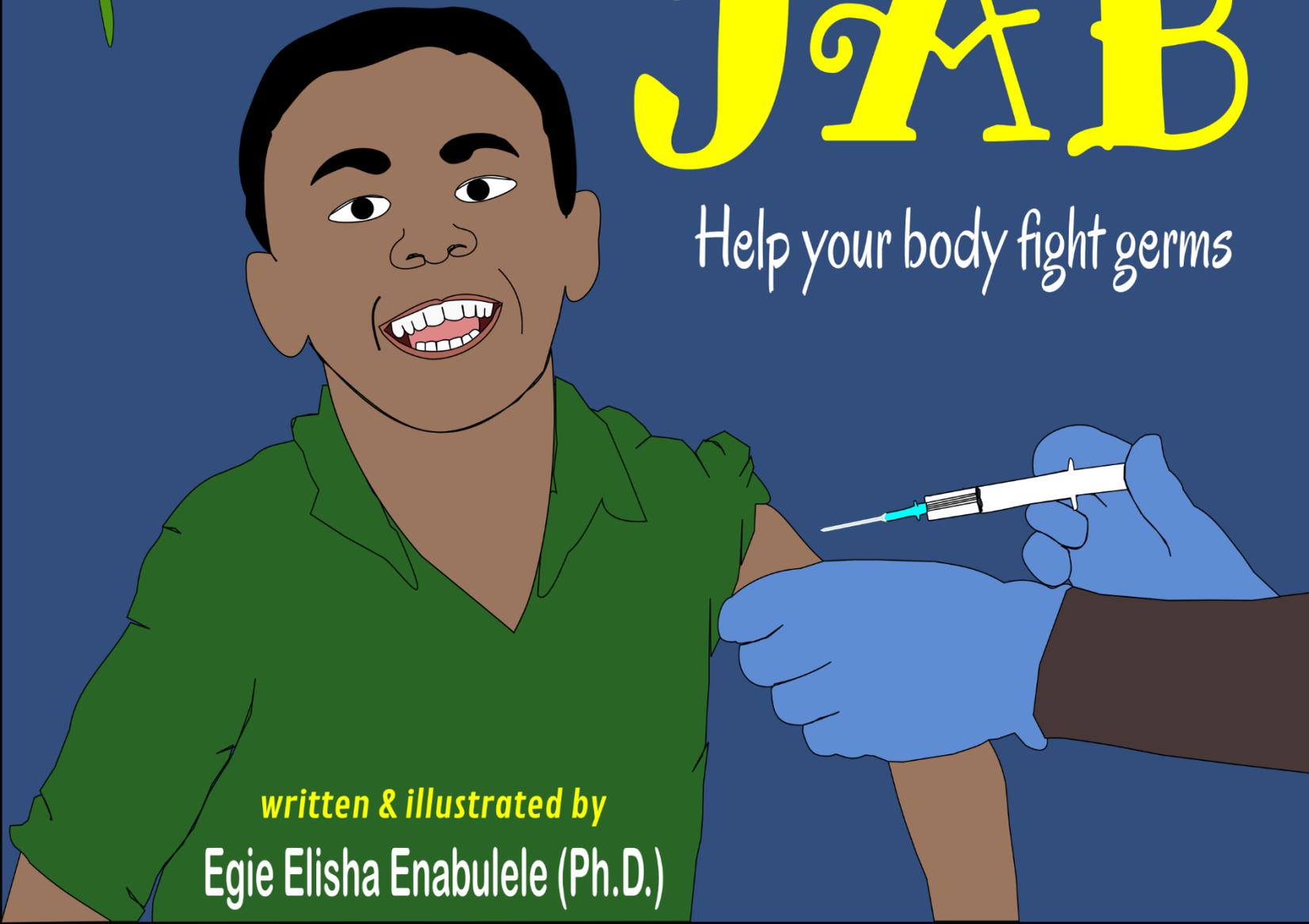




# The ouch JAB

Help your body fight germs



*written & illustrated by*  
Egie Elisha Enabulele (Ph.D.)



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***The jumping doctor's song***

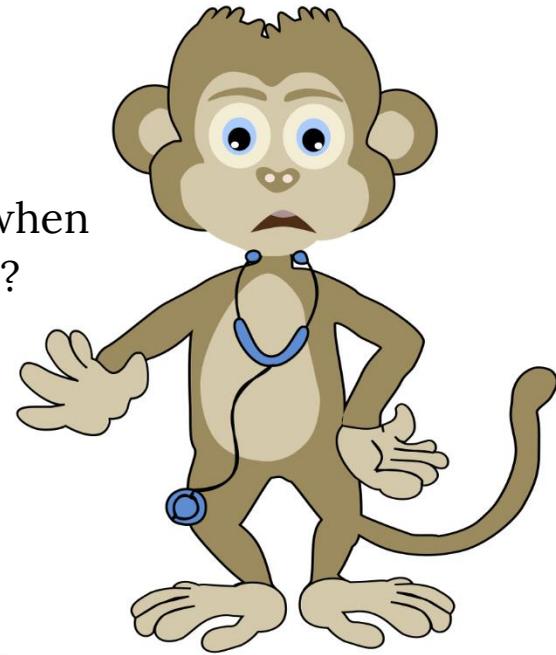
My name is Mimo, the jumping doctor, I know all about diseases (x2)

Listen to me, hear what I say, so you don't get sick.

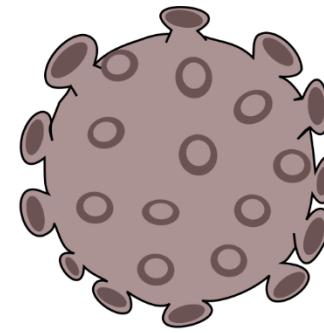
My name is Mimo, the jumping doctor, I know all about diseases.



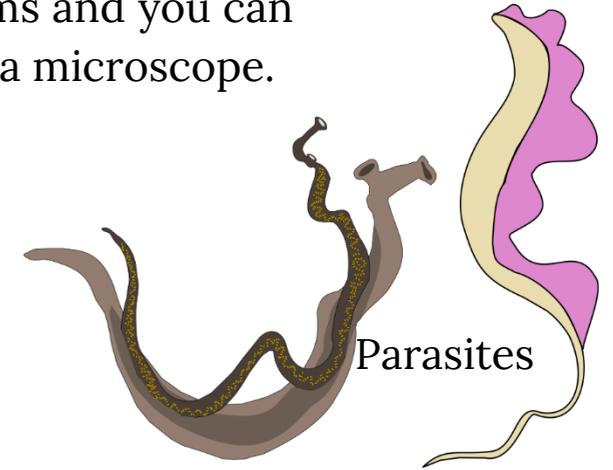
Did you know that sometimes when we are sick, it is caused by germs?



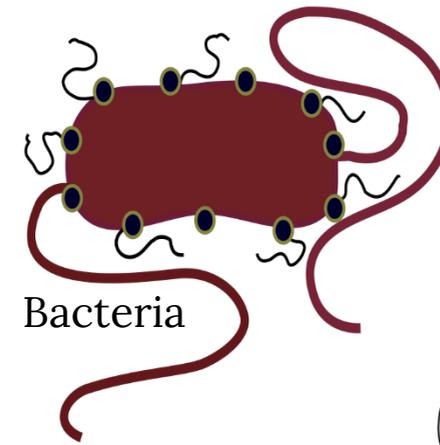
There are many types of germs and you can only see most of them under a microscope.



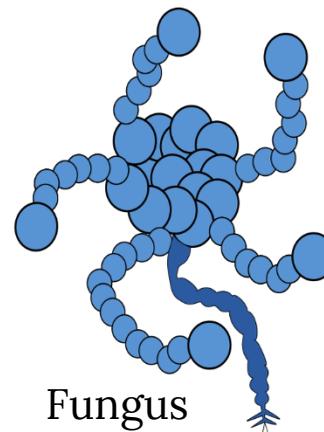
Virus



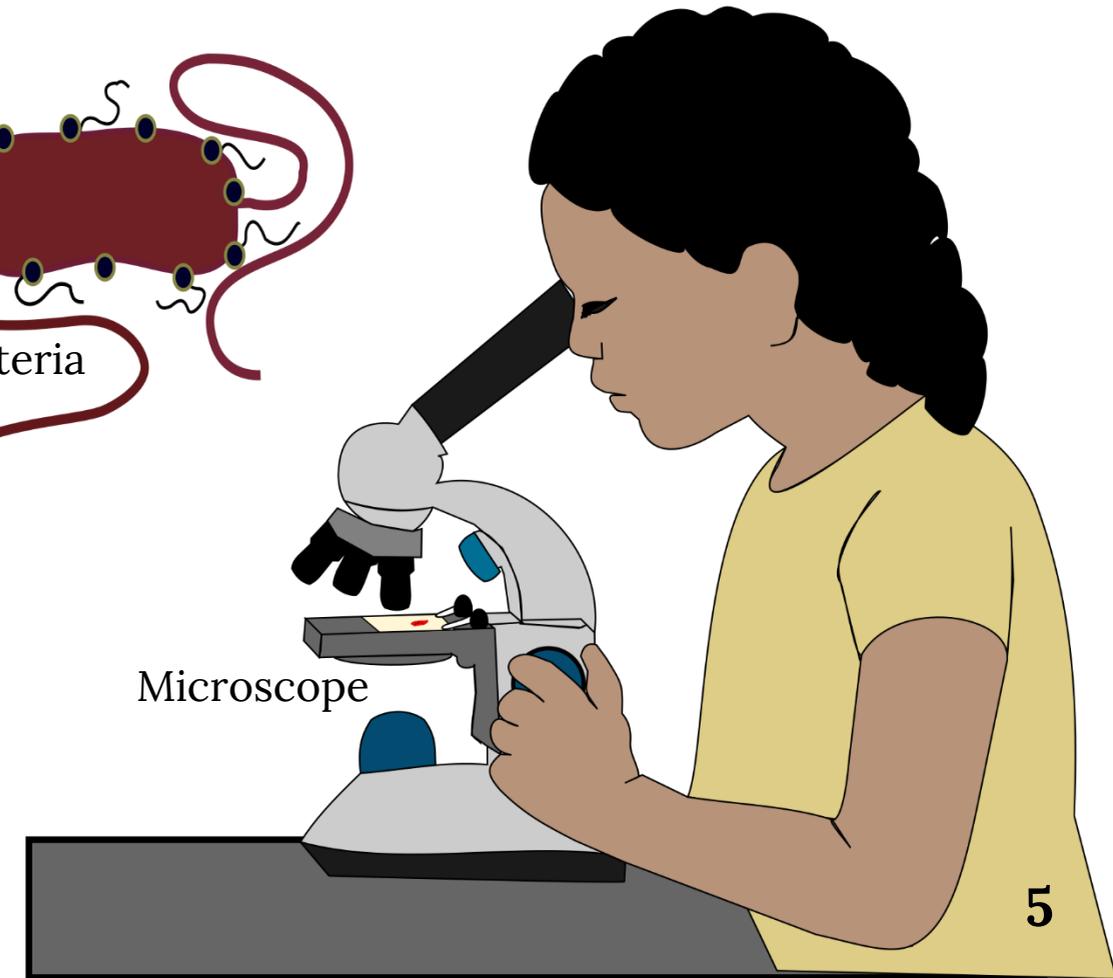
Parasites



Bacteria

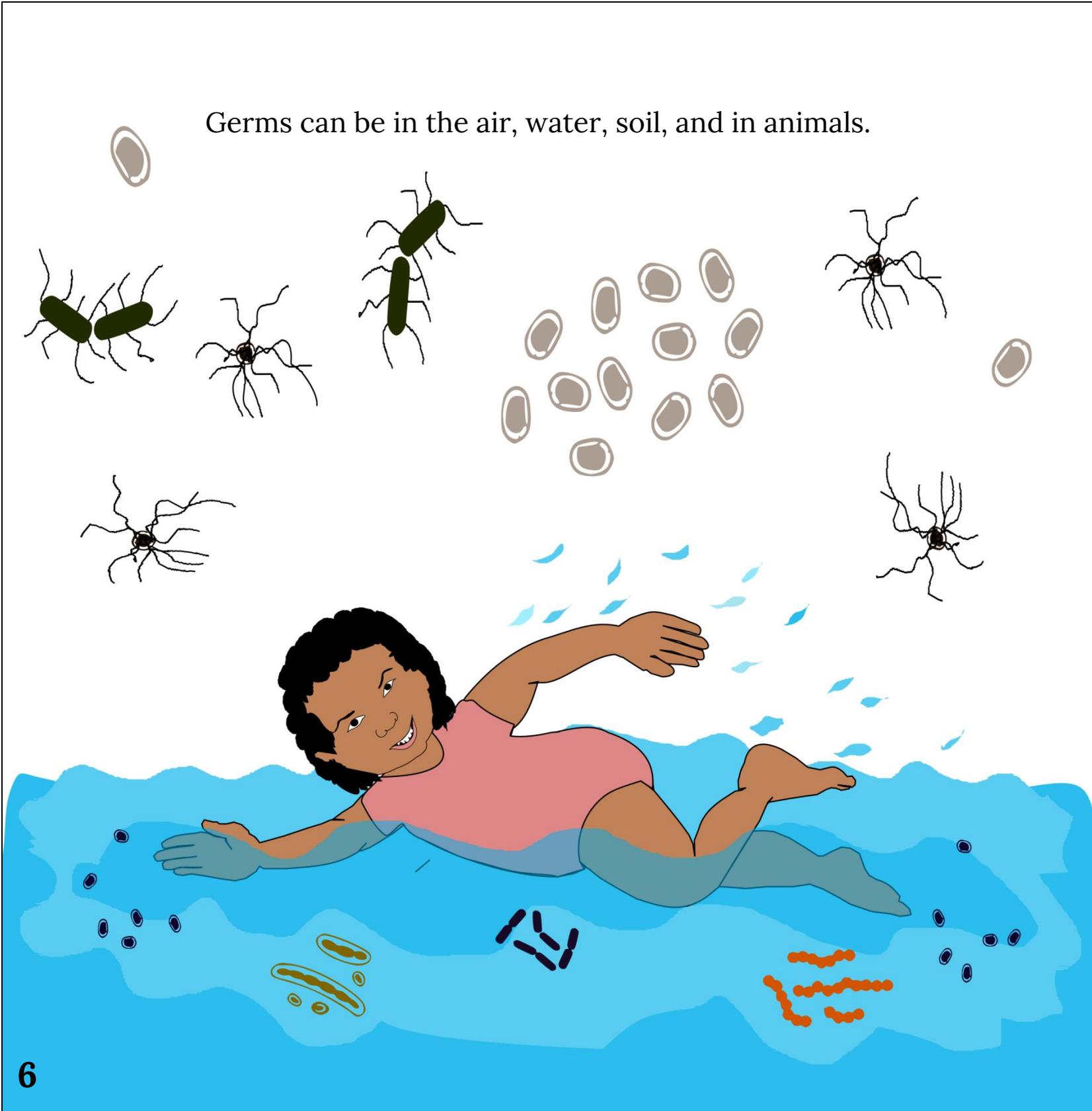


Fungus

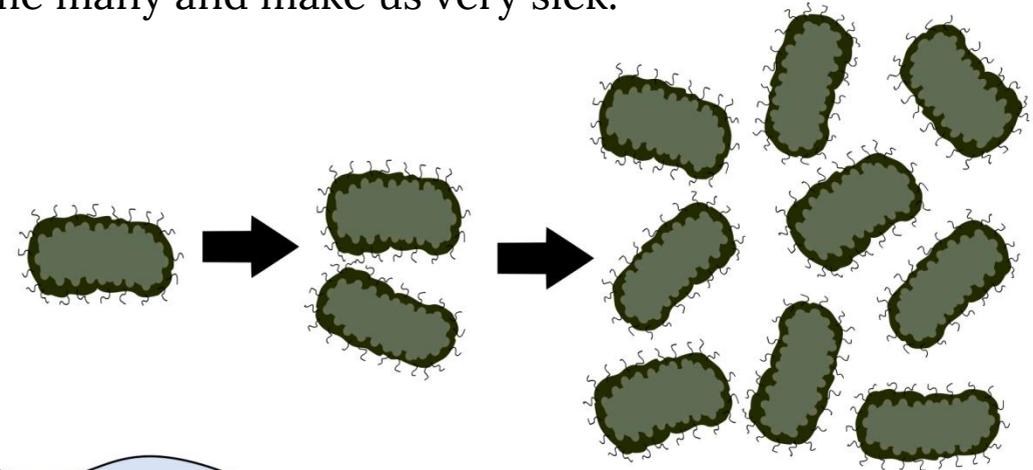
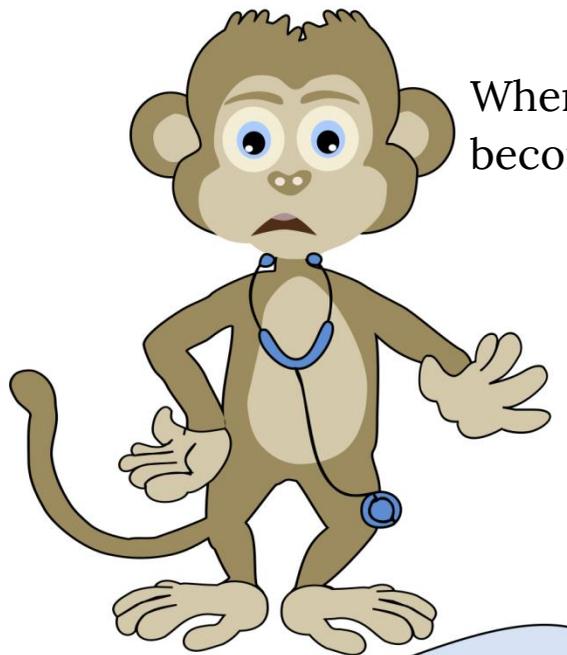


Microscope

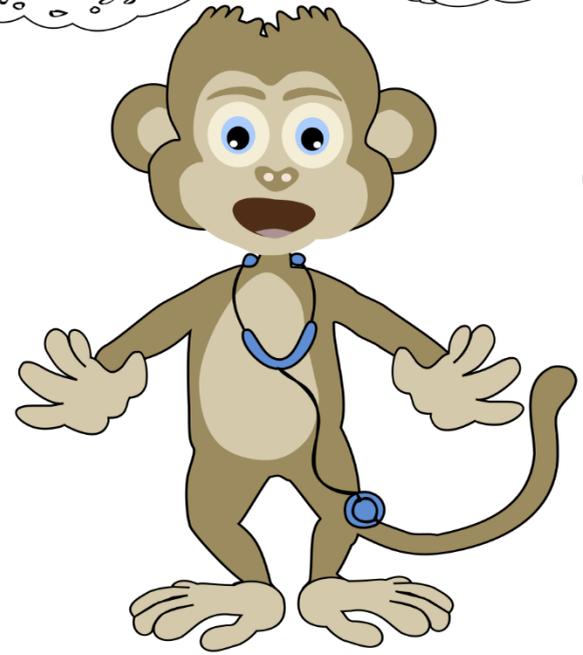
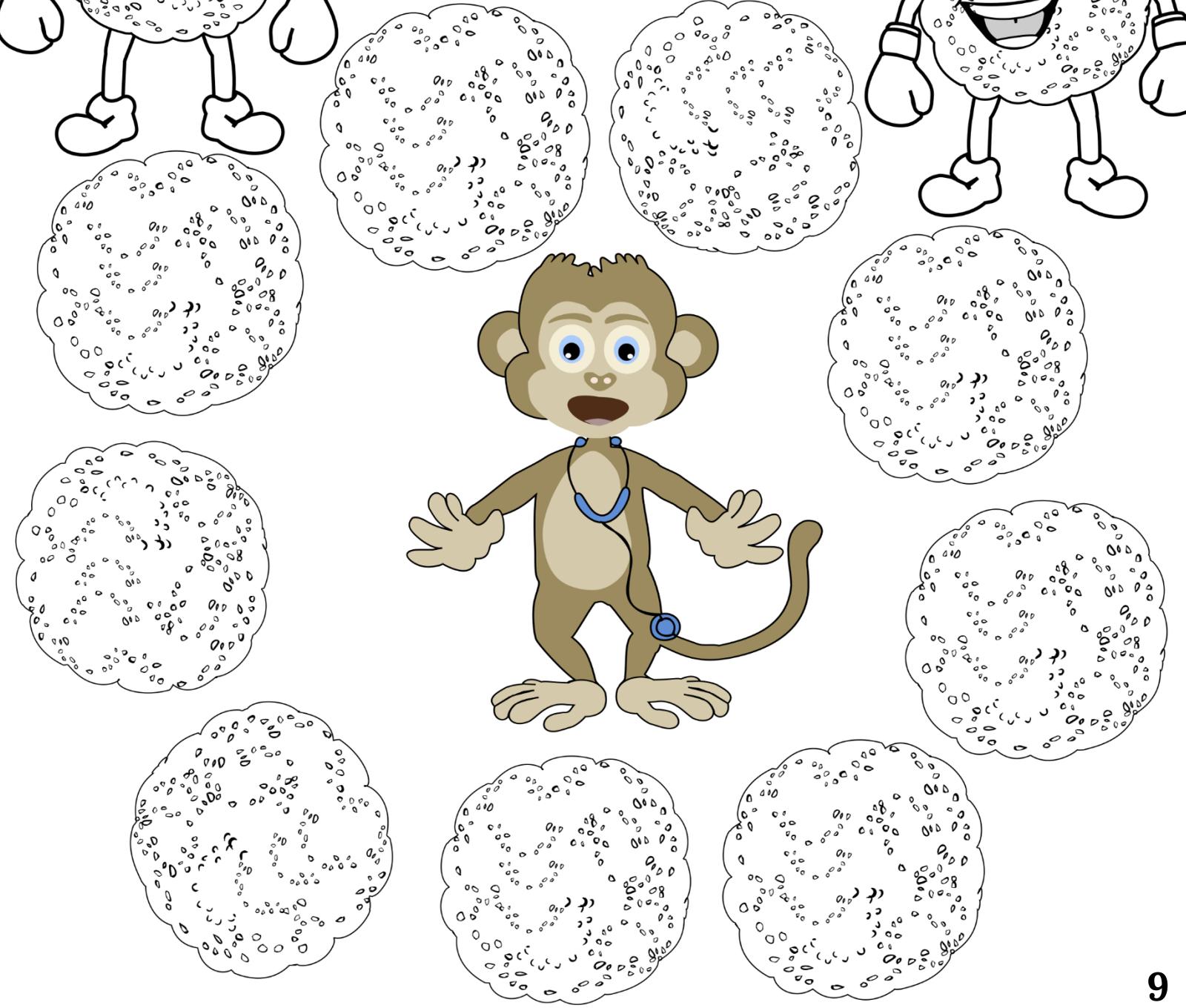
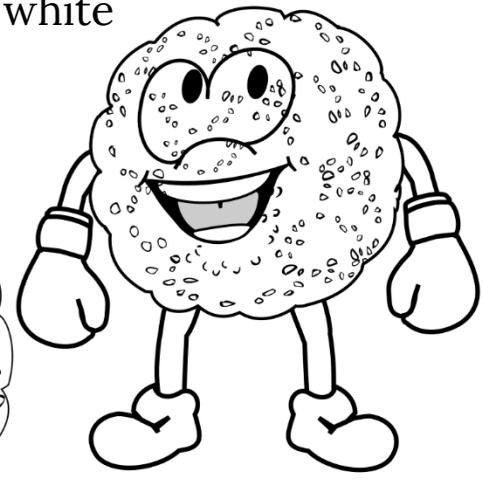
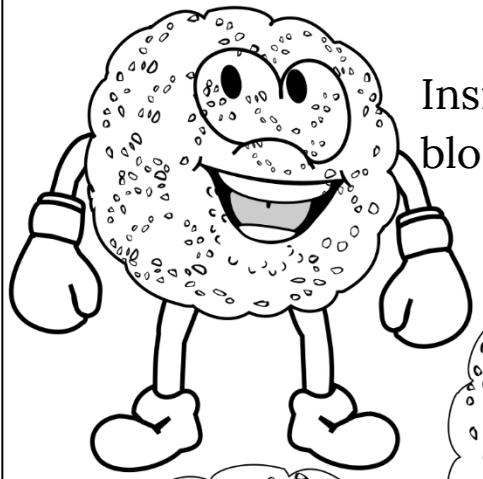
Germs can be in the air, water, soil, and in animals.



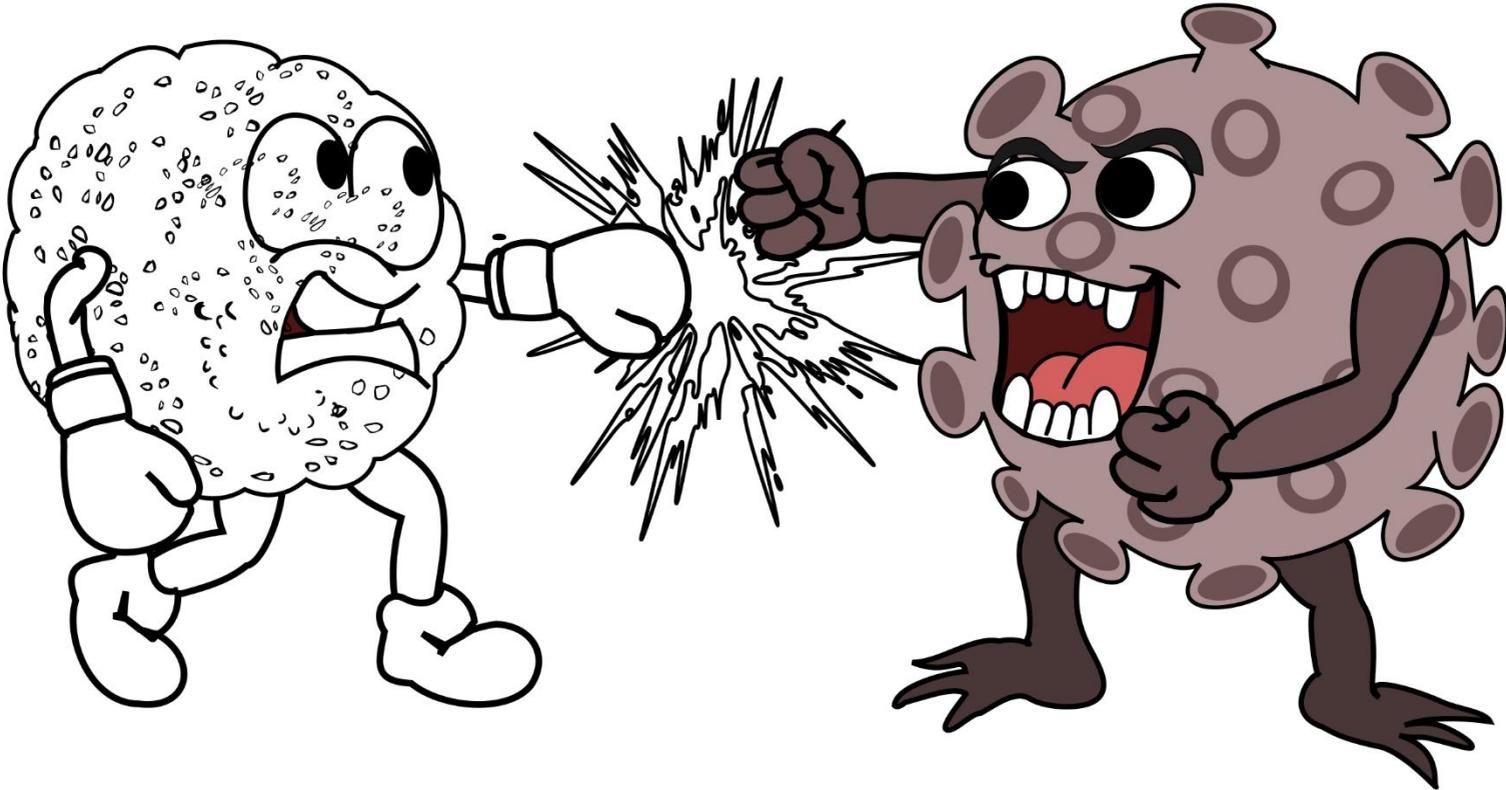
When one germ enters the body, it can quickly become many and make us very sick.



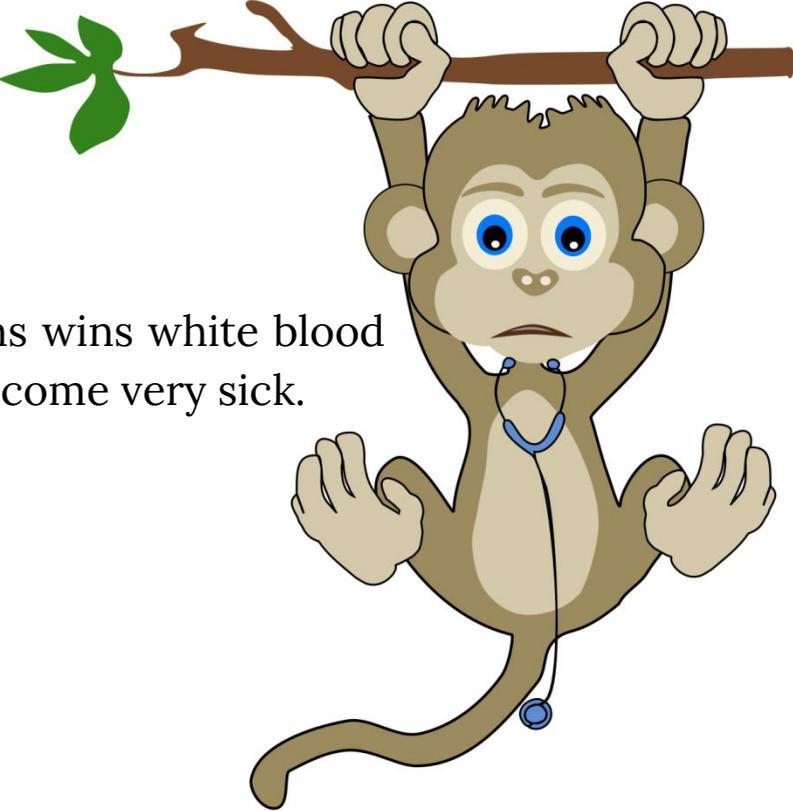
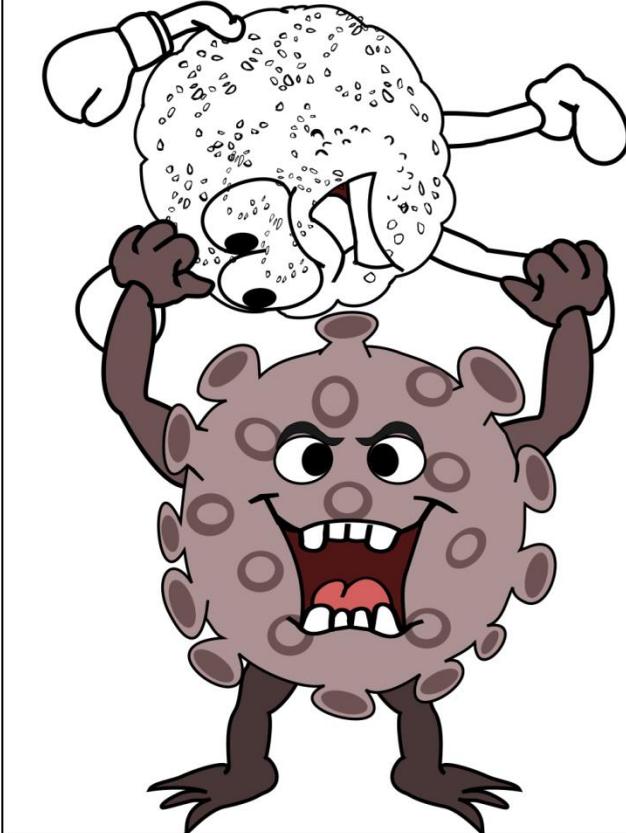
Inside the body are many cells called white blood cells. They help fight germs.



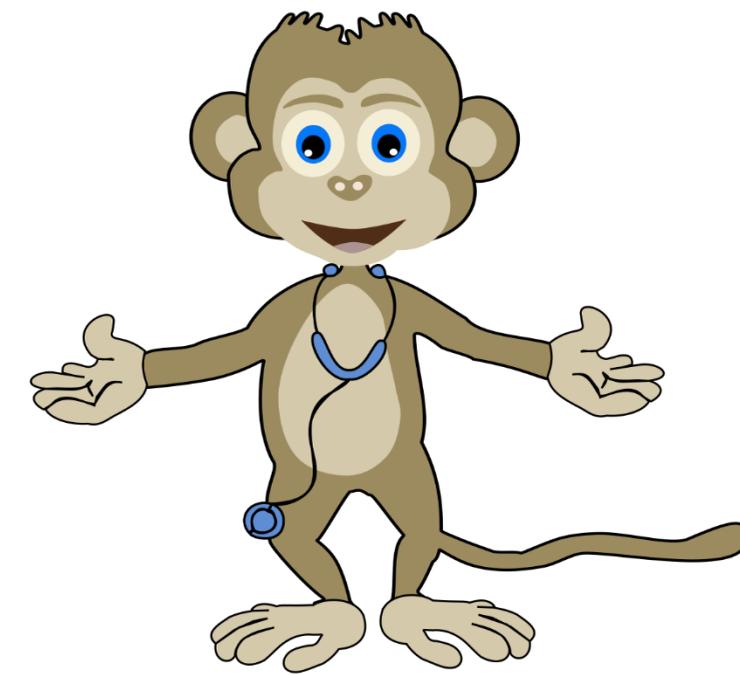
White blood cells fight germs.



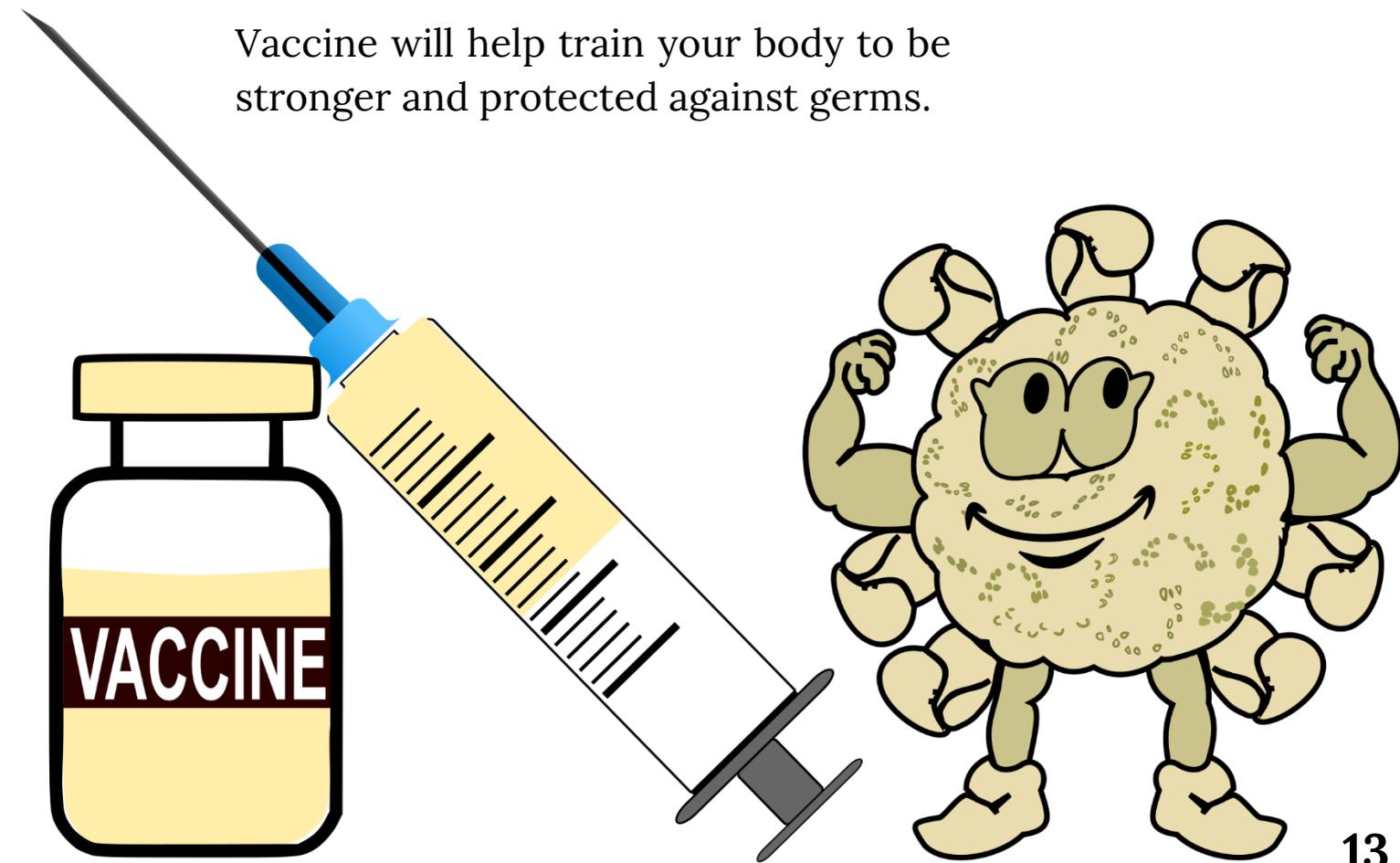
When germs wins white blood cells, we become very sick.



The body needs to be trained to fight germs. One way scientists help is by making vaccines.



Vaccine will help train your body to be stronger and protected against germs.



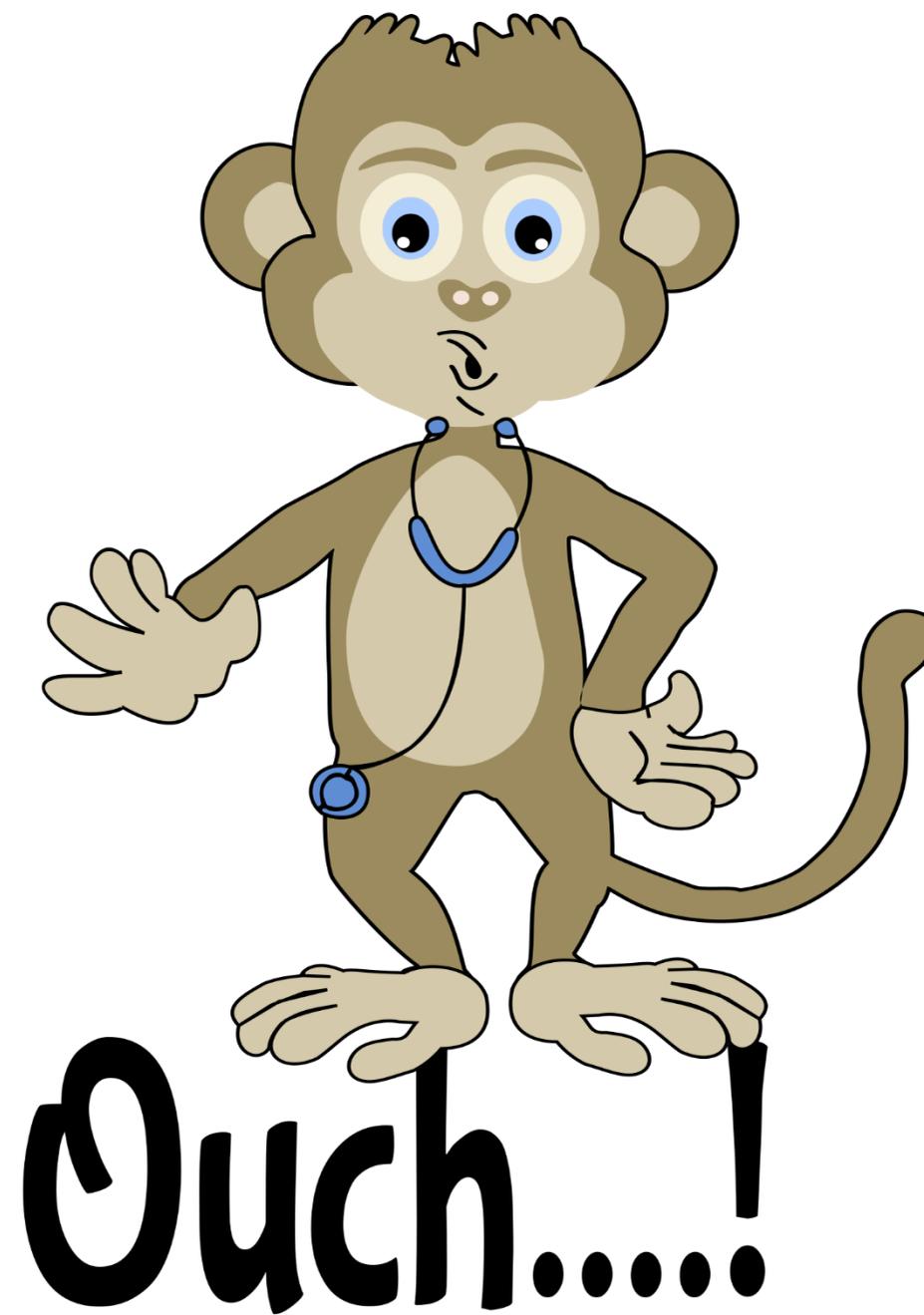
Scientists test vaccines to be sure they are safe and will help protect the body against germs.



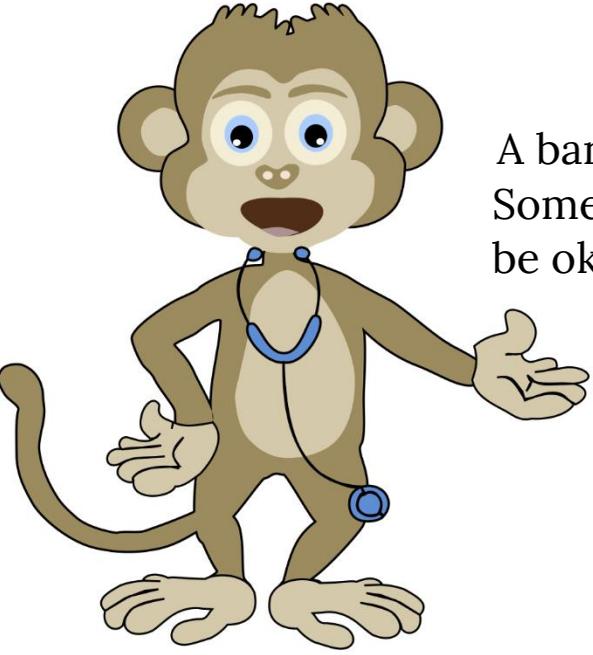
An injection, also called a jab, is used to put vaccine inside the body.

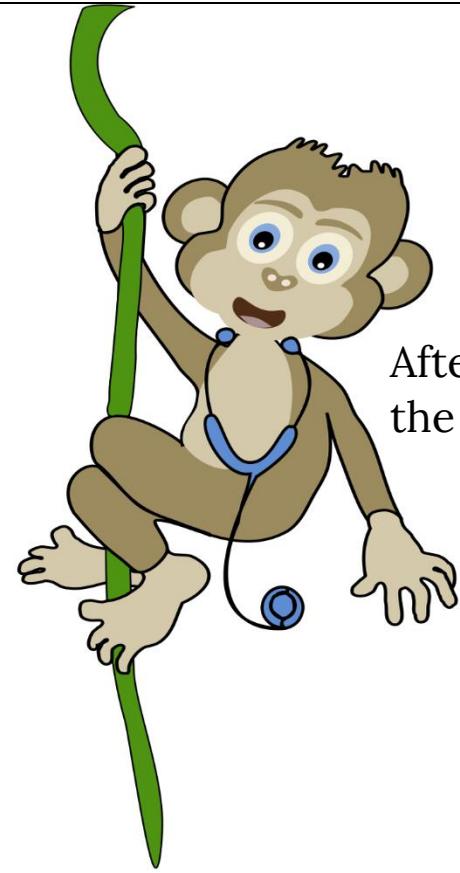


When the jab is put in your arm, you will feel a little pain.  
Nothing to worry about, it will be quick. Just say ouch!



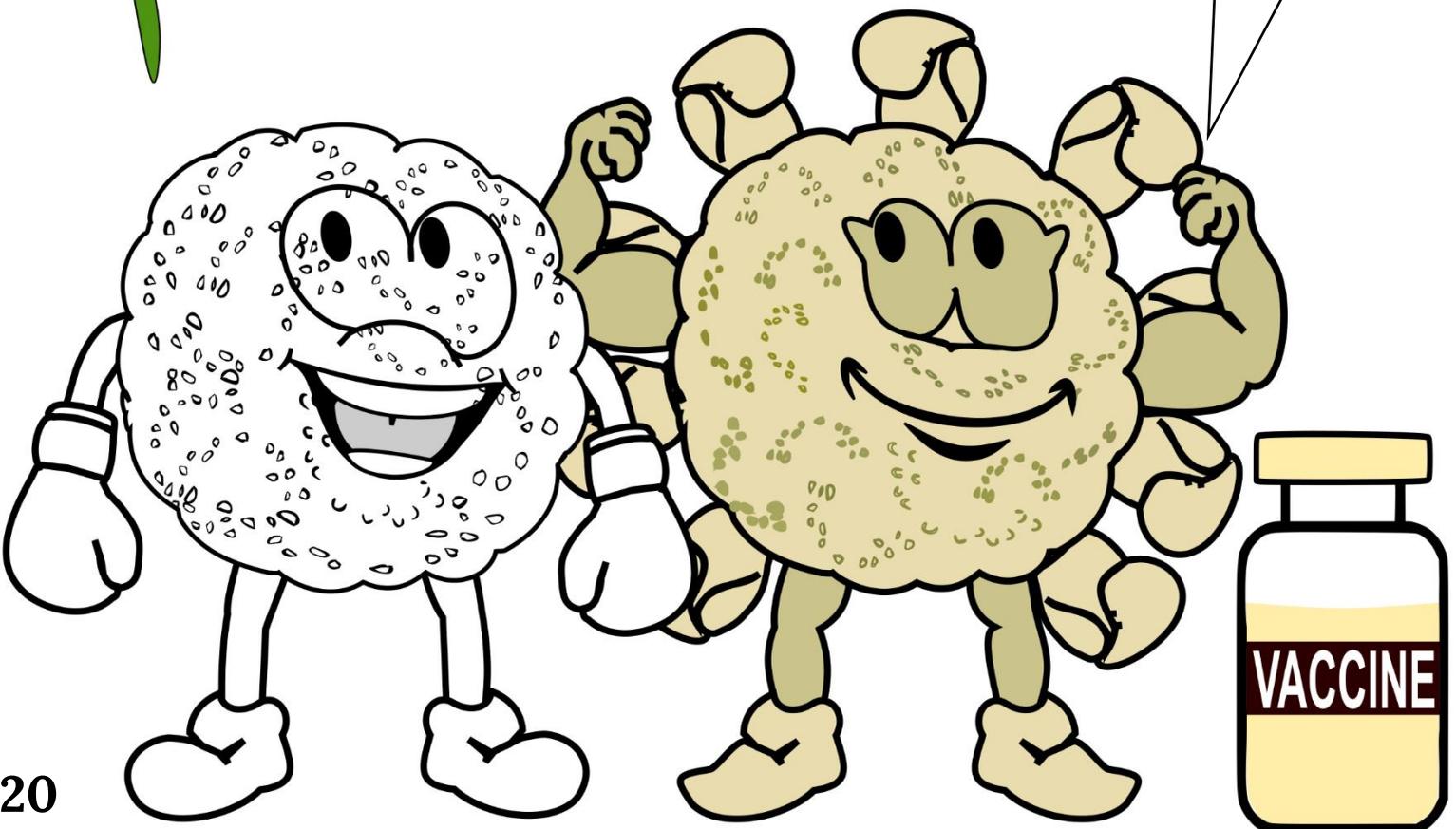
A bandage will be put over the spot of your jab. Sometimes, your arm may become sore but will be okay after a while.



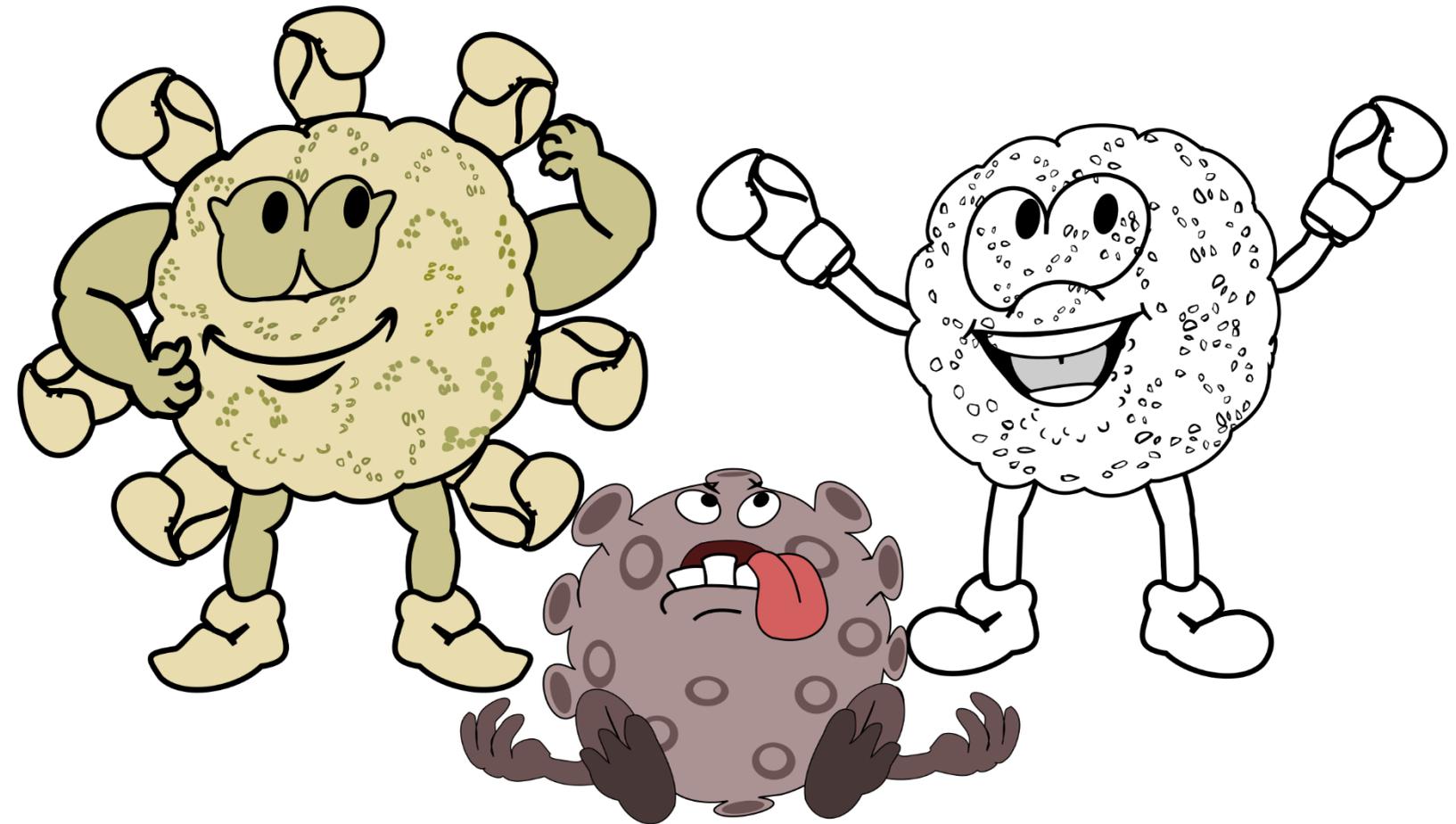


After getting your vaccine, the white blood cells and the body gets support and protection against germs.

It's all about team work.

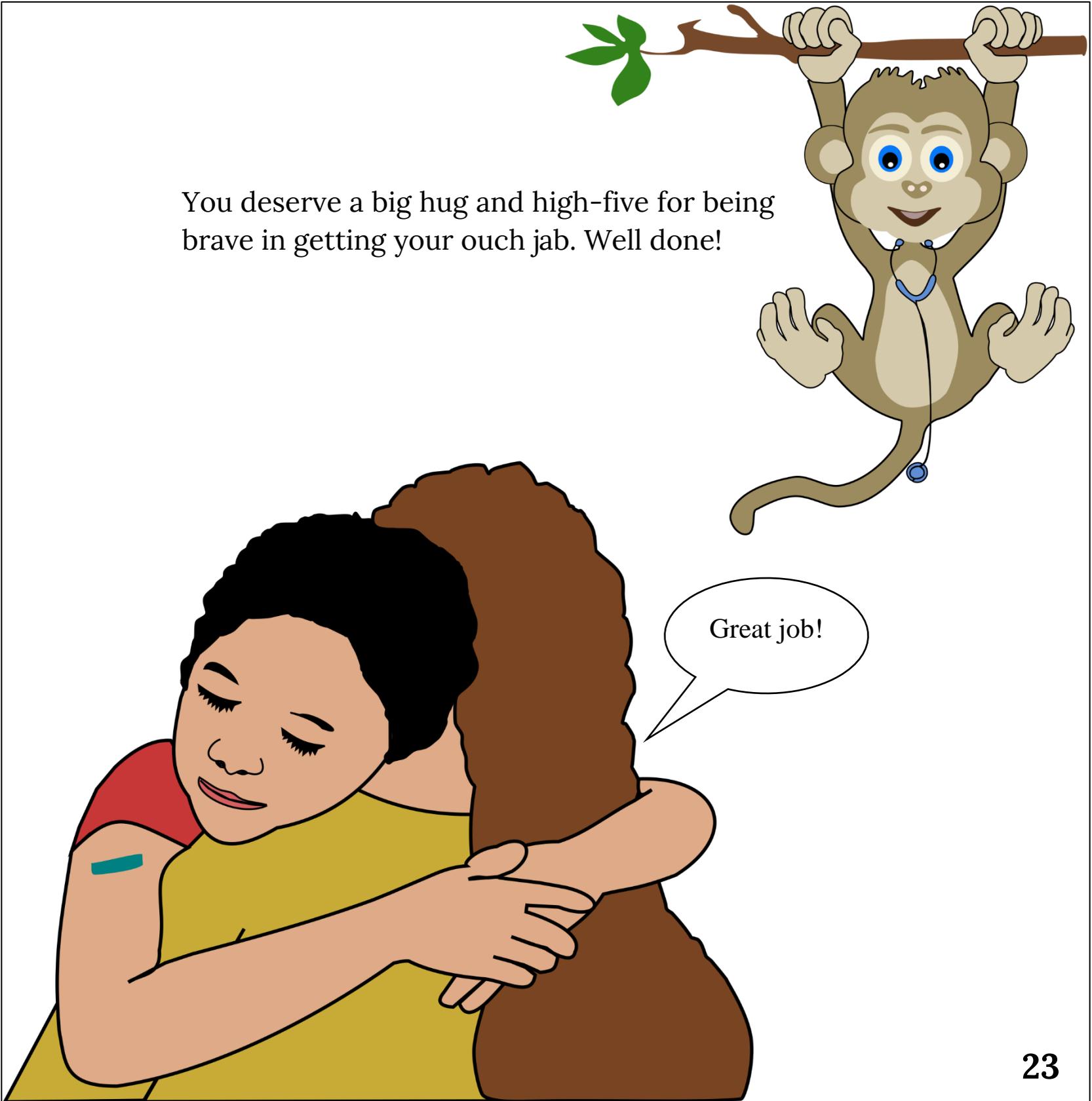


Vaccine helps your body fight against germs to win and keep you healthy.





Well done  
buddy!



You deserve a big hug and high-five for being  
brave in getting your ouch jab. Well done!

Great job!